

## How to Use a Prayer Chain

Paper chains are a fun way to get kids excited about an upcoming vacation or holiday, or even to remind them about daily chores or routines. This chain, in particular, will help kids learn about the power and peace of praying to God while also helping to create a habit of daily prayer.

Each loop in this prayer-chain download is designed to help children to reflect on things in their lives that they are thankful for, such as parents and pets, or to have them think broadly about the world around them. It keeps children's hearts focused on Jesus and teaches them how to pray.

This prayer chain can be used in a couple of ways. One way is to use it as a daily prayer reminder over the span of 12 days. Another idea is to use it as a full day of prayer (12 hours, 1 for each hour). Have children take off one link from the chain each day or hour, read what they could pray about, and encourage them to pray with you.

## Paper Prayer Chain Instructions

### MATERIALS

- Printout of prayers (attached) OR construction paper and markers
- Scissors
- Stapler, glue, or tape

### DIRECTIONS

1. Print the attached pages. Cut the prayers into strips, using the different colors as guides, OR cut construction paper into 12 equal strips.  
\*If using construction paper, have children write one thing to pray about on each strip (attached pages can be used as a guide).
2. Staple, glue, or tape together the two ends of the first strip to make a loop.
3. Loop the second strip through the first one before stapling, gluing, or taping its ends together.
4. Continue this process until all strips of paper are connected together in a chain.



**Pray for the day ahead.**

**Pray for parents and  
grandparents.**

**Give thanks for  
God's creation.**

**Pray for siblings or other  
family members.**

**Give thanks for  
the food we eat.**

**Give thanks that God  
created you.**

**Pray for teachers and school.**

**Pray for animals or our pets.**

**Pray for those who  
are sick or in need.**

**Pray for friends.**

**Give thanks that Jesus  
died on the cross for us.**

**Pray for tomorrow.**