

# CRAFT

## Salt Dough Cross

### Jesus Appears on the Emmaus Road

Luke 24:13-35

#### You Need

- Large bowl, small bowls, wooden spoon & measuring cups
- Salt-dough ingredients (flour, salt, water)
- Paper clips or drinking straws, round toothpicks
- Baking sheet & parchment paper
- *Tip:* If you have children with Celiac disease, search online for a recipe for gluten-free dough.

#### Get Ready

- Set out large bowl, spoon, measuring cups, and ingredients where the children will be able to see you mixing the dough.
- Cover baking sheet with parchment paper.
- Fill a large measuring cup or jug with very warm water.
- Set out a small amount of water in bowls for children to use.
- Use your favorite salt-dough recipe, or combine 4 cups flour, 1½ cups very warm water, and 1 cup salt. Mix ingredients and knead until the dough is smooth. This recipe makes enough dough for about 15 crosses.
- Make a sample to show children.

#### Introduce the Craft

**Read** Luke 24:13-35

**Say** Today, you heard how Jesus joined two friends on a road on Easter Sunday afternoon, but they did not recognize Him.

**Ask** What did they talk about? *Jesus taught them from the Scriptures. He explained why it was necessary for the Savior to suffer and die.*

When did Jesus' friends recognize Him? *When He broke bread with them at supper time.*

**Say** Although we do not see Jesus with us, He has promised to always be with us.

**Ask** Where do we see Jesus? *Jesus opens our eyes and strengthens our faith in His Word, in Baptism, and in the Lord's Supper.*

**Say** Today, we will make salt-dough crosses. Jesus saved you from your sins by dying on the cross for you. Your crosses can also remind you of the bread of Holy Communion.

#### Do This

- After the ingredients for the dough are mixed, gather an egg-size piece of dough.
- Knead your dough for a few minutes to make it smooth.
- Form a cross out of your dough, using a little water to stick pieces together if overlapped.
- Make a hole in the top of your cross with a drinking straw, or press a paper clip into the back of your cross ornament, making sure it is buried securely in the dough and leaving part of it above the top of your cross as a hanger.
- Carve or print name or initials on the back of the cross.
- Put the cross on the prepared baking sheet.
- Bake the crosses at 300° for 45 minutes or until dough hardens. Let cool.

# SNACK

## Breaking Bread

### Jesus Appears on the Emmaus Road

Luke 24:13-35

#### You Need

- Unsliced loaf of bread, such as sourdough
- Serving bowls of different kinds of dips, such as hummus, cheese sauce, jam, and olive oil
- A long folding table
- Throw pillows
- Plates or napkins

#### Introduce the Snack

**Read** Luke 24:13-35

#### Do This

- Lay the table on the floor with its legs still folded under it.
- Put throw pillows around the table.
- Put bread on a plate at one end of the table.
- Place serving dishes with a variety of dips along the center of the table.
- Serve the snack to kids while making the point.

#### Make the Point

**Ask** What did Jesus do after He came back to life? **He appeared to different people, including two disciples on the road to Emmaus.**

Were you surprised that Jesus' disciples did not recognize Him at first? Why or why not? Accept answers.

What did they talk about? **Jesus explained the Scriptures to them and why it was necessary for the Savior to suffer and die for their sins.**

**Say** When they arrived at Emmaus, the disciples invited Jesus to stay and eat with them. In those days, people sat at low tables and reclined with pillows

behind them while they ate. Even all these years later, many cultures in the part of the world where Jesus lived, died, and rose again still sit at low tables on the floor rather than in chairs at taller tables with long legs, as we do.

Let's sit down at this low table and make ourselves comfortable on the pillows before we have our snack.

After Jesus and His friends went into the house to eat, Jesus took the bread, blessed it, and broke it.

**Say** One prayer many people say before eating is known as the common table prayer. I will say the prayer. If you do not have this prayer memorized, you can pray along in your mind and heart and just say "Amen" when we are done:

**Pray** Come, Lord Jesus, be our guest, and let these gifts to us be blessed. Amen.

**Say** That prayer reminds me of our Bible story today. In this prayer, we are asking Jesus to be our guest at our table as He was with the disciples after their walk. I like how that prayer gives us a chance to recognize that everything we have is a gift from God and a way for us to ask Jesus to bless the food we will be eating, much as He blessed the bread He was going to eat with the disciples.

**Ask** What did Jesus do after His friends recognized Him? **He disappeared and went to see other friends to let more people know He was alive.**

**Say** The disciples were not able to recognize who Jesus was on their own. They needed Him to reveal who He was to them. It is the same way with us. Jesus reveals who He is to us through the Holy Spirit's work through the Bible and the Sacraments. Through these, the Holy Spirit opens our eyes to see who Jesus is and strengthens our faith.

Break the bread into serving-size pieces and pass a piece to each child. Lead children in a table prayer before eating their snack. Continue to discuss the lesson as children enjoy the snack.

**Say** We don't know what the disciples would have eaten along with the bread, but we have some different kinds of dip to use with our bread today.

# EXPERIMENT

## Science in the Square: Not What it Seems

### The Coming King of Zion

#### Zechariah 9:9

#### You Need

- Cornstarch
- Water
- Clear container with lid
- Bowls
- Newspapers
- Spoons
- Paper towels

#### Do This

- Make “Cornstarch Goo”
  - A batch is 2 cups of cornstarch mixed with 1 cup of water.
- Place goo in a clear container with lid.
- Each child also needs a bowl, newspaper for under the goo, a spoon, and paper towels. (Paper towels will be used by children for cleaning hands.)

#### Introduce the Experiment

**Read** Zechariah 9:9

#### Make the Point

**Say** In science, we learn about states of matter. Do you know what the three states of matter are? **Solid, liquid, and gas.** I have a sample of matter here. I want you to determine what it is: a solid, a liquid, or a gas. Look at the clear container.

**Ask** What do you think is in there and what is its state? Accept answers.

Do you think you can pour it like a liquid? Have children try pouring it from the container to the bowl.

Does it work? Well, then, is it a solid? Take turns feeling it. Can you pick it up? Give time for children to pick up and play with the goo.

Did the goo feel like you thought it would? Do you know what it is? Allow time for discussion.

**Say** This goo is a combination of water and something called cornstarch. Scientists call this mixture a non-Newtonian liquid. That’s a liquid that doesn’t follow the rules! It is fun to play with because it doesn’t act like we think it should based on how it looks. That is kind of like Jesus.

Jesus was not what the people expected Him to be. They were waiting for a king who would fight in battles here on earth. The people saw the miracles Jesus did. They saw Him heal the sick and raise the dead. When He rode into Jerusalem on a donkey, the people shouted, “Hosanna!” That word means “Save us!” They got what they asked for, just not how they expected it. Jesus saved us all through His suffering, death, and resurrection—winning the victory over sin, death, and the devil.