

# LENT ACTIVITIES

Choose from the following activities and crafts to help connect Bible learning to life.

## Loving Others

Bring travel-size packets of tissues and blank address labels. Say, **Because of sin, sad thing sometimes happen.**



Mention that we can help others feel better when they are sad. Ask children to decorate a label with crosses and hearts and to place a label on the front of a tissue pack. Tell children to give their pack to someone who looks sad and tell that person, "Jesus loves you!"

## Movie Moments

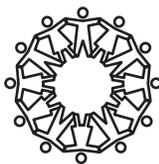
Build a playlist from a few brief video clips online. They can be famous parts of children's movies or silly clips of animals. Some of these may be happy (a puppy does a trick), and some may be mildly sad (a kitten loses a toy). Ask children to identify the different clips as happy or sad.



Talk about how our world has happy and sad things that happen. It was sad that Jesus had to die, but it was happy that He saved us from sin.

## Happy News

Gather everyone in a circle. Have everyone join hands and walk around the room as you sing the song below to the tune of "Twinkle, Twinkle, Little Star."



**I have happy news to share; I will tell it ev'ry where. Jesus died and rose for me. From my sins I am set free! I will tell both big and small: Jesus died and rose for all!**

## "Stained Glass" Cross

Cover work area. Give each child a large cross outline on white paper to color. Rub the back of each cross with oil to make it translucent. Attach yarn to hang in window.



## Cross Snack

Serve cups of water and small pretzel sticks on dark paper plates. Offer a dip such as soft cheese. Let children arrange the pretzel sticks as a cross on the dark plate before dipping the pretzels and eating them. Say, **Let's say a thank-You prayer to Jesus for dying on the cross for us. And let's thank God for this snack too.** Pray, or invite a child to say the prayer.



## Bible Verse

Read the Bible Verse from 1 Corinthians 15:3 in your Bible: **Christ died for our sins.** Ask the children to say the verse with you. Say, **Jesus died for our sins because He loves us. What are other ways that Jesus shows His love for us?** Discuss ways Jesus shows His love, such as caring for us, listening to our prayers, and so forth.



## Cross Scavenger Hunt

Ask the children to join you on a scavenger hunt. Lead them in a line, and see how many crosses you can find. Look in your room and perhaps even throughout the building. Some children may notice crosses in architecture and the like.



## SAY

Jesus loves us so much, He died for our sins. Now we don't have to be afraid of death anymore. But that's not the end of what Jesus does for us. He gives us eternal life!

## PRAY

Dear Jesus, thank You for loving us. Thank You for dying on the cross for our sins. We don't have to be afraid of death because You give us life forever with You. In Your name we pray, Jesus. Amen.